

Wishing Well 2.0 School & 4K Program

		Monday	Tuesday	Wednesday	Thursday	Friday
	B- Grain	Yougurt	Fruit Bread	NurtiGrain	Life Cereal	Poptart
	B-Fruit	Berries	Applesauce	Pears	Juice	Juice
	S - Grain	Cheese Its	Oyster Crackers	Chex Mix	Teddy Grahams	Peaches
	S -Fruit / S - Protein	Juice	Juice	Juice	Milk	Cottage Cheese
	B- Grain	Muffins	Bagel	Nutrigrain Bar	Rice Krispy's	Ceral Bar
	B-Fruit	Pears	Juice	Peaches	Juice	Juice
	S - Grain	Gardettos	Goldfish Grahams	Sun Chips	Graham Crackers	Cottage Cheese
	S -Fruit / S - Protein	Juice	Milk	Juice	Applesauce	Doritos
	B- Grain	Bagel	Pancakes	Poptart	Cereal Bar	Muffin
	B-Fruit	Pears	Juice	Peaches	Juice	Bananas
	S - Grain	Corn Chips	Blueberry Bread	Crackers	Animal Crackers	Bread Sticks
	S -Fruit / S - Protein	Salsa	Milk	Cheese	Milk	Juice
	B- Grain	Kix Cereal	Belvita Bar	Raisin Bread	Cereal Bar	Muffins
	B-Fruit	Juice	Juice	Applesauce	Juice	Juice
	S - Grain	Graham Crackers	Wheat Thins	Goldfish Crackers	Pita Chips	Apples
	S -Fruit / S - Protein	Milk	Sliced Cheese	Juice	Juice	Yogurt
	B- Grain	Multigrain Cheerios	Cinnamon Bread	Muffin	Pancakes	Croissants
	B-Fruit	Juice	Applesauce	Juice	Berries	Juice
	S - Grain	WG Crackers	Rice Cakes	Apples	Pretzels	WG Triscuts
	S -Fruit / S - Protein	String Cheese	Juice	Baby Bell Cheese	Juice	Carrots w/ dip

All breakfasts and lunches are served with non-flavored white milk. Whole or skim based on age and CACFP requirements.